

## Workshop: Behavioral Assessment and Treatment of Selective Eating in Children with Autism Spectrum Disorders



**Date:** Saturday, June 23, 2018

**Time:** 8:30 am - 12:00 pm & 1:30 pm - 5:00 pm

**Location:** McKimmon Center at North Carolina State University

**Presenter:** Dr. Melanie Bachmeyer-Lee

**Continuing Education:** 7 Type II BACB CEUs **Level:** Intermediate

Dr. Melanie Bachmeyer-Lee, is an associate professor in the Department of Psychology at the University of North Carolina Wilmington. She is the President of the Center for Pediatric Behavioral Health and Director of the Pediatric Feeding Disorders Program. She is a licensed psychologist and board certified behavior analyst at the doctoral level. She earned a Master's degree in Educational Psychology with an emphasis in Applied Behavior Analysis from Georgia State University while training under the direction of Dr. Cathleen Piazza at the Marcus Autism Center. She earned a Doctorate degree in School Psychology from the University of Iowa and completed a predoctoral internship in the Feeding Disorders Clinic at the University of Iowa Children's Hospital. She completed a postdoctoral fellowship in the Pediatric Feeding Disorders Program at the Kennedy Krieger Institute and Johns Hopkins University School of Medicine. She has published studies on the assessment and treatment of pediatric feeding disorders in the *Journal of Applied Behavior Analysis*, *Behavior Analysis in Practice*, and *Behavioral Interventions*.

Estimates suggest that atypical eating is pervasive among children with autism spectrum disorder (ASD), occurring in as many as 80% of these children. A severely restricted diet associated with high rates of disruptive mealtime behaviors is the most commonly reported concern. Some children consistently consume only foods in one food group and refuse all other foods groups. Some children will only eat one food in a food group and refuse all other foods in the food group. Some children will only eat foods of certain textures. Some children will only eat particular brands of foods. Some children will only drink or eat using specific utensils or when their foods are prepared in a specific format. When left untreated, a severely restricted diet can result in malnutrition leading to associated medical problems, and delays in cognitive and social development, as well as increased stress and mental health concerns among caregivers. Behavioral interventions have been shown to be effective at treating food selectivity exhibited by children with ASD. This workshop is for behavior analysts and psychologists providing services to children with ASD.

Participants will be able to:

- list medical, nutritional, and oral motor concerns requiring consideration prior to intervention
- define and measure common mealtime behaviors
- use indirect methods and identify key components of direct methods to assess food selectivity
- recognize key factors to indicate appropriate treatment goals and levels of intervention for longstanding feeding concerns
- use a decision-making model to select individualized, empirically supported interventions to progress to age-appropriate eating

**Registration:** \$129 (CEUs included), limited availability and pre-registration required by **June 1**

Register online via Pay Pal at [www.centerforpediatricbehavioralhealth.com](http://www.centerforpediatricbehavioralhealth.com)

To register by mail send a check with name and e-mail address to: Center for Pediatric Behavioral Health  
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UNCW Station CB #20036  
Wilmington, NC 28407

Contact [info@centerforpbh.com](mailto:info@centerforpbh.com) with general questions.